

Heritage International School Elementary Uniform Policy

We expect our students to wear the school uniform, maintaining a modest, neat and clean appearance at all times. Parents are strongly encouraged to make sure that their child is dressed appropriately and in the correct uniform. The school uniform must be worn for all classes and school activities including those taking place during field trips and on week-ends. Preapproved exceptions may be made for out of school activities by the student's principal depending on the activity.

Heritage International School uniforms and House t-shirts can be purchased at the school uniform shop on the top floor of the school's nursery. If you cannot find the correct size, you may also purchase at a store of your choice as long as the colours are the same and there are no logos. In addition to this, it is important to ensure that sufficient pants/shorts, shirts and/or T-shirts are on hand at home so that there are clean, laundered uniforms to last for the duration of the school week.

It is important to understand why we have a school uniform at Heritage International School. Here are some of the reasons put together from various studies and research:

1. Helps Prevent Peer Pressure and Bullying

Clothes are a status symbol in schools. Many students who are unable to afford the newest fashions or name brand clothing are disliked and made fun of. School uniforms puts everyone on an even playing field and prevents this type of bullying from happening.

2. Promotes School Spirit and A Sense of Belonging

If every single day, every person in the school is sporting their school's colours, then a feeling of unity is inspired. This helps with the overall morale of the student body and ignites a higher sense of school spirit, togetherness and pride.

3. Eases Morning Routines

Knowing exactly what you are wearing for the day, and having no other choice, greatly reduces the amount of preparation and time that is required on getting ready for school in the morning. This helps to reduce stress in the students and parents, as well as allow for a more restful night sleep.

4. Can Be Money Saving

The pressure to buy children, especially the older ones, trendy and expensive clothing is huge for parents. School uniforms are often much cheaper than buying an entire wardrobe of trendy fashion.

5. School Uniforms Keep Students Focused on Their Education, Not Their Clothes

When all students are wearing the same outfit, they are less concerned about how they look and how they fit in with their peers; thus, they can concentrate on their schoolwork. Students dressed in uniform are better perceived by teachers and peers. Studies have found that students in uniform were perceived by teachers and fellow students as being more academically proficient, better behaved, and had more potential than students in regular clothes.

Heritage International School Class Uniform

The Class Uniform consists of three parts: the top, the bottom, and shoes*.

Acceptable top options are:

Option 1 – a white polo shirt with the school logo on it

Option 2 – a red polo with short or long sleeves with the school logo on it

Option 3 – one of the school's polo shirts with a red sweater with the school logo on it

Option 4 – one of the school's polo shirts with a blue sweater with the school logo on it

Option 5 – one of the school's polo shirts with a red or blue hooded sweatshirt with the school logo on it

Option 6 – a red or white polo t-shirt without logos

Option 7 – house t-shirt (on days students have physical education or house events only)

When the weather turns cool, students may only wear sweaters and hoodies that either have the school logo or red or blue sweaters and hoodies that have no logos on them.

Acceptable bottom options are:

Option 1 – long navy blue dress pants

Option 2 – navy blue dress shorts that reach the knees

Option 3 – navy blue sweatpants with school logo

Option 4 – navy blue sweatpants without logos

Option 5 – navy blue sweat shorts without logos

Acceptable shoe options are:

Option 1 – runners (runners cannot contain wheels of any form or spikes)

Option 2 – black dress shoes

A Note About Hats:

When the weather is very cool or very hot students are permitted to wear hats outside (garden, atrium, etc.). Under no circumstances are hats to be worn inside the classrooms.

*Please note that only uniform clothing listed in this uniform policy are acceptable for the Heritage International School community.

Consequences for Violating the Uniform Policy

There are many options for students and parents within the Heritage school uniform policy. However, there will be consequences for those who repeatedly violate the policy and subsequently disrupt the academic activities of the school. Consequences will be recorded and will occur as follows:

First Offense – The student will be asked to come in appropriate school attire the following day.

Second Offense – A letter or email will be sent home. Inappropriate sweaters or jackets will be taken off.

Third Offense – A phone call will be made to parents to send the proper uniform explaining the uniform policy and that next time the student will not be allowed to enter class.

Fourth Offense – A phone call will be made to parents to send the proper uniform before student is allowed into class. Student will work outside the office of the vice-principal until the uniform is delivered.

Fifth Offense – A phone call will be made to parents to send the proper uniform before student is allowed into class. Student will work outside the office of the vice-principal until the uniform is delivered. Parents will also be required to come to the school before the student is admitted to class to discuss and implement a plan to avoid this problem in the future.